



Little Shining Stars Child Development Center

Weekly Menu

Menu # 001	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 7:30am to 8:30am	Honey Nut Cheerios Milk Orange Juice	Egg w/ Ham Milk Apple Juice Flour Tortillas	Egg w/ Cheese Biscuits Milk Apple Juice	Pancakes Butter & Syrup Milk Orange Juice	Potato w/ Egg Flour Tortilla Apple Juice Milk
Lunch 11:30am to 12:30pm	Green Beans Peach Bread Milk B-B-Q Chicken	Carrots Peas Bread Milk Beef Stew Meat	Broccoli Tomato & Lettuce Bread Milk Spaghetti & Meatballs	Green Beans Sweet Butter Corn Bread Milk Baked Chicken	Carrots Green Beans Bread Milk Beef
Afternoon Snack 3:00pm to 3:30pm	Graham Crackers Orange Juice	Pineapple Tidbits Milk	Sliced Apple Milk	Tropical Fruit Salad Milk	Oatmeal Cookies Orange Juice
Supper 5:00pm to 6:00pm	Tomato & Lettuce French Fries Bread Milk Ham w/ Cheese	Sweet Butter Corn Mashed Potatoes Bread Milk Chicken	Tomato & Lettuce French Fries Ketchup Milk Cheeseburgers	Sweet Butter Corn Carrots Flour Tortillas Milk Ham w/ Cheese	Pinto Beans French Fries Flour Tortilla Milk Baked Chicken



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Weekly Menu

Menu # 002	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 7:30am to 8:30am	Chorizo w/ Egg Flour Tortilla Milk Orange Juice	Oatmeal Graham Cookies Milk Apple Juice	Pancakes Butter & Syrup Milk Orange Juice	Honey Nut Cheerios Milk Apple Juice	Ham w/ Egg Flour Tortillas Grape Juice Milk
Lunch 11:30am to 12:30pm	Pinto Beans Tomato & Lettuce Bread Milk Meatballs	Sauce Sweet Peas Bread Milk Beef Stew Meat	Cauliflower Broccoli Bread Milk B-B-Q Chicken	Mixed Vegetables Pinto Beans Bread Milk Beef	Sweet Butter Corn Peas Bread Milk Chicken
Afternoon Snack 3:00pm to 3:30pm	Peaches Milk	Grilled Cheese - Sandwich Apple Juice	Rice Pudding Apple Juice	Oatmeal Cookies Orange Juice	Pineapple Tidbits Milk
Supper 5:00pm to 6:00pm	Tomato & Lettuce French Fries Ketchup Milk Cheeseburger	Beans Carrots Milk Chicken Taquitos	Tomato & Lettuce Tater Gems Bread Milk Ham w/ Cheese	Sweet Peas Peaches Bread Milk Chicken	Sweet Butter Corn Green Beans Bread Milk Tuna



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Weekly Menu

Menu # 003	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 7:30am to 8:30am	Egg w/ Ham Milk Grape Juice Flour Tortillas	Potato w/ Egg Milk Apple Juice Flour Tortillas	Egg w/ Cheese Milk Orange Juice Biscuits	Chorizo w/ Egg Milk Apple Juice Flour Tortillas	Pancakes Milk Grape Juice Butter & Syrup
Lunch 11:30am to 12:30pm	Broccoli Cauliflower Rice Milk Chicken Taquitos	Vegetable Sauce Mashed Potatoes Carrots Bread Milk Ground Beef	Sweet Butter Corn Green Beans Rice Bread Milk Chicken in Tomato	Mashed Potatoes Sweet Butter Corn Bread Milk Spaghetti & Meatballs	Mix Vegetables Carrots Bread Milk Chicken
Afternoon Snack 3:00pm to 3:30pm	Grape Jelly Bread Orange Juice	Rice Pudding Apple Juice	Oatmeal Cookies Orange Juice	Apple Sauce Milk	Grilled Cheese - Sandwich Milk
Supper 5:00pm to 6:00pm	Tomato & Lettuce Pinto Beans Flour Tortillas Milk Ham w/ Cheese	Celery Green Beans Bread Milk Tuna	Sweet Butter Corn French Fries Milk Pork	Tomato & Lettuce Pinto Beans Milk Chicken Taquitos	Green Beans Carrots Bread Milk Ground Beef



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Weekly Menu

Menu # 004	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 7:30am to 8:30am	Egg w/ Cheese Biscuits Milk Apple Juice	Pancakes Butter & Syrup Milk Grape Juice	Oatmeal Graham Cookies Milk Orange Juice	Chorizo w/ Egg Flour Tortillas Milk Apple Juice	French Toast Ham & Cheese Milk Grape Juice
Lunch 11:30am to 12:30pm	Tomato & Lettuce Mashed Potatoes Rice Bread Milk Meatballs	Coleslaw Pinto Beans Rice Bread Milk Baked Chicken	Carrot Sticks Sweet Peas Fideo Bread Milk Ground Beef	Cauliflower Macaroni & Cheese Bread Milk Ground Beef	Tomato & Lettuce Carrots Bread Milk Spaghetti & Meatballs
Afternoon Snack 3:00pm to 3:30pm	Apple Sauce Milk	Tropical Fruit Milk	Sliced Apple Milk	Rice Pudding Apple Juice	Grilled Cheese - Sandwich Milk
Supper 5:00pm to 6:00pm	Refried Beans Sweet Butter Corn Bread Milk Chicken	Tomato & Lettuce Tater Gems Bread Milk Ham w/ Cheese	Tomato & Lettuce French Fries Ketchup Milk Cheeseburgers	Mashed Potatoes Sweet Butter Corn Bread Milk Beef Barbacoa	Tomato & Lettuce Sweet Peas Bread Milk Tuna